

RECEPTION

This term, as a school, we are focusing on **fielding and striking**. Our beginners have already started learning about the fundamentals of trapping and catching a moving ball with their hands. We will continue to hone in on good hand position (spiders/butterflies) and aligning our bodies with the moving ball. Students will be introduced to the fundamentals of an underarm throw, an overarm throw and gathering a moving the ball, both in the air and along the ground. Our receptions will be introduced to **striking** a stationary ball off a tee with both baseball and cricket bats. They will also have opportunities to control a ball with a beach bat.

Students will also be exposed to the skills of **basketball**, a progression from the netball unit. Children will be introduced to the **Fundamental Movement Skills (fms)** skills of dribbling, passing and catching a big ball. Children will learn the key terminologies of control, dribbling and shooting. Children will be introduced to **Aussie Hoops Rookie** concepts.

Our receptions will compete in their first Aldgate PS **Virtual Cross Country** to promote, identify and measure individual long distance running. We really encourage our children to engage with long distance running, building positive relationships with running early is essential.

Our receptions will continue to work hard on being **organised participants** (forming teams/lines, taking turns, playing fairly, being a good team mate and following instructions) and developing **spatial awareness** (eyes peeled, avoiding collisions and adjusting travel speed), through **movement exploration** games eg Creative Walking/Moving, The Loose Caboose, Wallabies and Water Rats, Stork Tag, Popcorn Chasey, Nearest to Pin Skittles and Bombardment. Students will build on **locomotor** and **manipulative skills** through these games whilst having opportunities to develop **fms** - bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk. Coordination will be pivotal when acquiring these skills.

We also will be working hard to encourage our students to recognise mathematical connections in Physical Education and sport.

We are really looking to fast track our Aldgate children with their physical abilities and skills sets. We strongly encourage our wonderful families to get out with a ball and fine tune our learner's ball skills, in particular catching and throwing. Every time a child touches a ball is a progression.

YEAR 1-2

Our Year 1-2 classes will be building on the skills that they've developed in reception and year 1 when manipulating balls with their hands and with a bat. As a whole school, we are focusing on **fielding and striking**. We will continue to reinforce fundamentals of trapping and catching a moving ball with their hands. Our year 1-2 children should now be consolidating good hand position (spiders/butterflies) and aligning their bodies consistently with a moving ball. Students will be further developing the fundamentals of an underarm throw, an overarm throw and gathering a moving the ball, both in the air and along the ground. We will be closely concentrating on technique (feet position, hand grip, weight transference and head position when **striking** a stationary ball off a tee with both baseball and cricket bats. They will be controlling a ball with a beach bat, to further develop fine motor skills. We will be introducing many modified **striking and fielding** games

Our year 1 and 2 students will be revisiting **basketball**, focusing on ball control through the **fms** of dribbling, passing, receiving and shooting. Children will learn the key terminologies of control, dribbling, double-dribble, travel, passing and shooting. Games will be based on **Aussie Hoops Starter** methodology.

All classes will compete in Aldgate PS **Virtual Cross Country** to promote, identify and measure individual long distance running. Building positive relationships with long distance running is a priority at Aldgate Primary.

Our Year 1 & 2 students will consolidate being **organised participants** (forming teams/lines, taking turns, playing by the rules and following instructions) and developing **spatial awareness** (eyes peeled, avoiding collisions and adjusting travel speed), through **movement exploration** games eg Creative Walking/Moving, The Loose Caboose, Wallabies and Water Rats, Stork Tag, Popcorn Chasey, Nearest to Pin Skittles and Bombardment. Students will build on **locomotor** and **manipulative skills** through teaching for transfer in invasion games and net-court games eg Balloon Invasion, Bin Ball, Skittle Ball, Bump Ball and Circle Ball to further develop **fms** - bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk. Coordination will be pivotal when acquiring these skills.

We really strongly encourage our wonderful families to get out with a ball and fast track our younger learner's ball skills, in particular catching and throwing. A child with ball in hand leads to improvement. We also will be focusing on recognising mathematical implications within Physical Education and sport.

YEAR 3-4

Our Year 3-4 students will be manipulating a small ball with their hands. As a whole school, we are focusing on **fielding and striking**. We will continue to reinforce fundamentals of trapping and catching a moving ball with their hands. Our year 3-4 children should now have sound catching and throwing techniques, consistently displaying good hand position (spiders/butterflies) and aligning their bodies consistently with a moving ball. Students will consolidate their underarm and overarm throws. Students should be meeting and gathering a moving the ball, both in the air and along the ground with confidence. We will be revisiting and reinforcing striking techniques (feet position, hand grip, weight transference and head position when **striking** a stationary ball off a tee with both baseball and cricket bats. They will be controlling a ball with a beach bat, to further develop fine motor skills. We will be introducing many modified **striking and fielding** games to develop urgency and purpose so they get used to being under pressure.

Our year 3 & 4 students will be consolidating their **basketball** skills, focusing on ball control with their hands by working on the **fms** of dribbling, passing, shooting whilst starting to implement complex motor skills by linking skills together in a sequence so they can apply them to game sense scenarios. Children will learn the key terminologies of control, dribbling, double-dribble, travel, passing, shooting, lay ups and defensive key. Games will be based on **Aussie Hoops All-Star** modifications, moving towards real basketball games.

All classes will compete in Aldgate PS **Virtual Cross Country** to promote, identify and measure individual long distance running. Building positive relationships with long distance running is a priority at Aldgate Primary.

Year 3 & 4 students will be working hard to become competent in **organising themselves**, building **spatial awareness**, developing **locomotor** and **manipulative skills** through teaching for transfer games. All students will continue to refine and consolidate **fms**. Students will be performing are: bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk.

We really need to fast track our year 3 & 4 learner's ball skills, in particular catching and throwing, ensuring we fill in all the gaps so we can prepare them for competitive sport as year 5 students will be exposed to School Sport SA and SAPSASA organised competitions and we want them to be given the best chance to be involved. We encourage our students to work hard out of school to master ball handling and manipulation.

We focusing on recognising mathematical connections in Physical Education and sport.

YEAR 5-6

As a whole school, we are focusing on **fielding and striking**. Our Year 5-6 students will be mastering the skills of catching, throwing, fielding and striking. They should be experts at trapping and catching a moving ball. Our underarm and overarm throws should be consistently hitting targets and flourishing in game sense situations. We will be closely concentrating on technique (feet position, hand grip, weight transference and head position when **striking** a stationary ball off a tee with both baseball and cricket bats. They will be underarm pitching/bowling to batters in a variety of modified and organised **striking and fielding** games. Continuous cricket, tee ball, French cricket, softball and cricket.

Our students will learn about **basketball**, complimenting the netball unit. We will focus on how to control a ball with their hands by working on the **fms** of dribbling, passing, shooting, intercepting and reading the game, whilst starting to implement complex motor skills by linking skills together in a sequence to perform them in games. Children will learn the key terminologies of control, dribbling, passing, double-dribble, travel, shooting, lay ups, defensive key and one on one. Games will be based on real basketball games. This basketball unit will be used to identify our **School Sport SA girls and boys basketball teams**.

Our year 5 and 6 students will have opportunities to be selected in Aldgate's **School Sport SA knockout football, netball and soccer teams**.

All classes will compete in Aldgate PS **Virtual Cross Country** to promote, identify and measure individual long distance running. Building positive relationships with long distance running remains a priority at Aldgate Primary.

Our older students will be encouraged to utilise the CHANGE IT formula to motivate and stretch their thinking.

We encourage our students to work hard out of school to master their ball handling skills so that they have the necessary skill toolkits to take to secondary school.

We also will continue to recognise connections that Physical Education and sport have with mathematical practices.